

## How to Procrastinate

### *Student Essay*

Have you ever heard friends or family members brag about how productive they were that day, or week, or month? Those people really bother me. And it's because I can never get anything done; it takes me a long time to accomplish the simplest tasks. I pride myself in being a grade A procrastinator. My three specific examples will help anyone perfect the arts of wasting time and procrastination. Then you can brag about how extremely unproductive you were today.

I am not a super messy person, but I don't necessarily keep my room clean all the time, either. Many a time I have opted to put away my clothes, clean out my binder and my backpack, make my lunch for the next day, and/or take a shower before I get to my homework. Doing all these activities takes a while, and I usually end up doing all of them on nights when I have a lot of homework, or if I have a test the next day. Any type of cleaning or household chore would work, though, such as scrubbing the shower, vacuuming, or dusting.

Another great way to waste time is to daydream. I can sit for fifteen minutes or more before I realize that I should be doing something else. I usually think about something that happened that day, and then imagine an alternate ending. Or I will imagine calling someone on the phone, and play out the entire conversation in my head. Sometimes I look out the window and look at all the trees, clouds, squirrels, or even the grass in my backyard. This is a great procrastination method when combined with a simple cleaning task, like cleaning out a backpack.

The best way to procrastinate is to interact with other people. That way you can lay part of the blame on someone else: "Well, Mom was talking to me about something important. I couldn't just walk away." I prefer to talk on the phone to friends who go to schools far away. We usually don't talk too often, so when we do, we have to make it count. For those that who don't want to spend a mountain of money on phone bills, any kind of messaging system on the Internet is a great way to communicate. I prefer AOL Instant Messenger. But if you don't feel like a lot of typing, just surfing the net can take a lot of time, especially if you have a slow modem. Then it can take what seems like forever to look at a minimal number of sites.

The main point to remember when procrastinating and wasting time is that you need to find something to do that's not as important as what you really need to get done. Then you will be an unproductive, procrastinating, time-wasting master.